

YEAR	NAME	SPORT	PLACE OR ALL STATE	EVENT/WEIGHT	TEAM HALL OF FAME		
2004	Adam Monke	Football	First Team		2024	Boys Track	State Runner Up
1986	Alayna Mentzer	Track	3 rd	Girls 1600 Relay	2012	Softball Team	State Champion
2012-13	Alex Boulton	Softball	All State First Team		2000	Girls Basketball	State Champion
2017-18	Alexa Brenn	Softball	All State First Team		1998	Girls Cross Country	State Runner Up
2010-11	Allie Leaver	Girls Track	8th	Triple Jump	1996	Girls Cross Country	State Runner Up
2007-08	Alvin Voss	Boys Track	7th	Discus	1985	Boys Basketball	State Champion
2007-08	Alvin Voss	Boys Track	Runner Up	Shot Put	1963	Boys Baseball	State Champion
2007-08	Amy Hilgenkamp	Girls Track	8th	Discus	1962	Boys Baseball	State Champion
1998	Andrea Christensen	Girls Cross Country	11th		1961	Boys Baseball	State Runner Up
1996-97	Andrea Christensen	Girls Track	4th	4x800 Relay	1942	Boys Baseball	State Runner Up
1996-97	Andrew Sundberg	Boys Golf	7th		1941	Boys Baseball	State Champion
2017	Andy Theiler	Baseball	All State First Team		1940	Boys Baseball	State Champion
1985-86	Anne Gnuse	Girls Track	3rd	4x400 Relay	1932	Boys Basketball	State Runner Up
2010-11	Avery Rolland	Boys Wrestling	4th	112	1925	Boys Basketball	State Champion
2016-17	Bailey Anderson	Softball	All State Second Team		1922	Boys Basketball	State Runner Up
2006-07	Beau Brown	Boys Golf	14th		1920	Boys Basketball	State Runner Up
2003-04	Beth Heybrock	Girls Track	6th	Discus	1919	Boys Basketball	State Runner Up
1950-51	Bill Chappellear	Boys Track	3rd	180 Hurdles	1916	Boys Basketball	State Runner Up
1977-78	Bill Wofford	Boys Wrestling	3rd	155			
1976-77	Bill Wofford	Boys Wrestling	5th	145			
1975-76	Bill Wolf	Boys Track	5th	Mile Relay			
1975-76	Bob Harper	Boys Wrestling	4th	185			
1974-75	Bob Harper	Boys Wrestling	4th	HWT			
1977-78	Bob Marshall	Boys Wrestling	6th	138			
1975-76	Bob Marshall	Boys Track	5th	Mile Relay			
1985-86	Brian Greunke	Boys Basketball	All State Second Team				
1985-86	Brian Greunke	Boys Track	6th	1600 m Relay			
2024-25	Britt Nielsen	Girls Basketball	All State Second Team				
2024-25	Britt Nielsen	Softball	All State Second Team				
2023-24	Britt Nielsen	Softball	All State Second Team				

2000-01	Brittany Wilkins	Girls Basketball	All State First Team			
2000-01	Brittany Wilkins	Girls Track	3rd	Shot Put		
2000-01	Brittany Wilkins	Girls Track	4th	Discus		
1999-00	Brittany Wilkins	Girls Basketball	All State First Team			
2004-05	Bruce Mastin	Boys Wrestling	6th	145		
1975-76	Bryan Nelson	Boys Track	3rd	880 yd relay		
1996-97	Bubba Stork	Boys Wrestling	Champion	145		
1995-96	Bubba Stork	Boys Wrestling	Champion	145		
1994-95	Bubba Stork	Boys Wrestling	Champion	142		
2021-22	Cade Arnett	Swimming	6th	200 Yard Medley Relay		
2022-23	Cadie Robinson	Girls Track	7th	Shot Put		
1977-78	Calvin Bruce	Boys Wrestling	Runner Up	132		
1987-88	Carma Greunke	Girls Basketball	All State Second Team			
1987-88	Carma Greunke	Girls Track	6th	Discus		
2007-08	Caroline Jamison	Girls Track	6th	3200 m		
2006-07	Caroline Jamison	Girls Track	5th	3200 m		
2018-19	Casey Kirk	Boys Track	8th	3200 Relay		
2011-12	Cassie Voss	Girls Track	5th	Discus		
2010-11	Cassie Voss	Girls Track	6th	Discus		
2010-11	Cassie Voss	Girls Track	8th	Shot Put		
2009-10	Cassie Voss	Girls Track	Runner Up	Discus		
2008-09	Cassie Voss	Girls Track	Runner Up	Discus		
2014-15	Catie Theiler	Softball	All State First Team			
2013-14	Catie Theiler	Softball	All State Second Team			
2012-13	Catie Theiler	Softball	All State First Team			
1995	Chad Morrison	Boys Cross Country	7th			
2021-22	Chase Anderson	Girls Track	3rd	1600 Relay		
2020-21	Chase Anderson	Girls Track	4th	1600 Relay		
2003-04	Christian Frerichs	Boys Wrestling	6th	160		
2013-14	Christopher Smith	Boys Track	Champion	1600 m Relay		
1987-88	Cindy LeCrone	Girls Track	5th tie	4x100 Relay		
2006-07	Claire Rogers	Softball	All State Second Team			
1989-90	Clint Brown	Boys Track	3rd	400 m		
1989-90	Clint Brown	Boys Track	4th	100 m		
1989-90	Clint Brown	Boys Track	5th	200 m		
1989	Clint Brown	Football	First Team			

2010-11	Cody Erickson	Boys Wrestling	6th	145		
2021-22	Colby Grefe	Boys Track	8th	3200 Relay		
2018-19	Cole Marquardt	Boys Track	8th	3200 Relay		
2008-09	Colton Harper	Boys Wrestling	3rd	215		
2007-08	Colton Harper	Boys Wrestling	4th	215		
2006-07	Colton Harper	Boys Wrestling	6th	HWT		
2005-06	Colton Harper	Boys Wrestling	5th	HWT		
2006-07	Conor Harper	Boys Wrestling	4th	215		
2005-06	Conor Harper	Boys Wrestling	Runner Up	215		
2004-05	Conor Harper	Boys Wrestling	6th	HWT		
1991-92	Corey Stork	Boys Wrestling	Champion	152		
1990-91	Corey Stork	Boys Wrestling	6th	152		
1990-91	Cori Brown	Girls Track	Runner Up	300 m Hurdles		
1987-88	Cori Brown	Girls Track	5th tie	4x100 Relay		
1987-88	Cori Brown	Girls Track	6th	300 m Hurdles		
2011-12	Cory Moravec	Boys Wrestling	5th	145		
1997-98	Craig Wolf	Boys Track	3rd	Triple Jump		
2024-25	Dallin Franzluebbbers	Boys Track	5th	400 meters		
2023-24	Dallin Franzluebbbers	Boys Track	4th	1600 Relay		
2023-24	Dallin Franzluebbbers	Boys Track	Champion	3200 Relay		
2021-22	Dallin Franzluebbbers	Boys Track	8th	3200 Relay		
1993-94	Dan Christensen	Boys Track	5th	1600 m		
1993	Dan Christensen	Boys Cross Country	6th			
1992	Dan Christensen	Boys Cross Country	4th			
2008-09	Dani Moyer	Girls Track	7th	100 m		
2018-19	Daniel Young	Boys Track	8th	3200 Relay		
1990-91	Dave Gnuse	Boys Wrestling	3rd	125		
1983-84	Dave Suhr	Boys Wrestling	6th	HWT		
1985-86	Dawn Schafersman	Girls Track	3rd	4x400 Relay		
1983-84	Dawn Schafersman	Girls Track	5th	4x100 Relay		
1989-90	Dean Marymee	Boys Wrestling	Runner Up	140		
1987-88	Dean Marymee	Boys Wrestling	5th	130		
1975-76	Debbie Hilgenkamp	Girls Track	4th	Discus		
2015-16	Dillon Whitmarsh	Boys Track	5th	Triple Jump		
2006-07	Doran Hins	Boys Track	7th	300 Hurdles		

2011-12	Drew Schroeder	Boys Track	6th	100 m		
1983-84	Ed Lautrup	Boys Wrestling	5th	138		
2023-24	Elisabeth Meyer	Swimming	7th	200 Yard Medley Relay		
2023-24	Elisabeth Meyer	Swimming	8th	200 Yard Freestyle Relay		
2023-24	Elisabeth Meyer	Swimming	4th	400 Yard Freestyle Relay		
2022-23	Elisabeth Meyer	Swimming	7th	200 Yard Freestyle Relay		
2022-23	Elisabeth Meyer	Swimming	6th	400 Yard Freestyle Relay		
1992	Emily Adalgren	Volleyball	All State First Team			
2025-26	Emmerson Timm	Softball	All State First Team			
2024-25	Emmerson Timm	Girls Basketball	All State Second Team			
2009-10	Erin Dunklau	Softball	All State Second Team			
1999-00	Erin Wilkins	Girls Track	6th	Shot Put		
1998-99	Erin Wilkins	Girls Track	6th	Shot Put		
1997-98	Erin Wilkins	Girls Track	5th	Shot Put		
2013-14	Ethan Gubbels	Boys Track	Champion	1600 m Relay		
1941-42	Gene Kruger	Boys Track	Runner Up	120 Hurdles		
1940-41	Gene Kruger	Boys Track	Champion	120 Hurdles		
1939-40	Gene Kruger	Boys Track	4th	120 Hurdles		
1976-77	George Scheer	Boys Track	3rd	880 yd relay		
1975-76	George Scheer	Boys Track	3rd	880 yd relay		
1937-38	George Weidum	Boys Track	3rd	Javelin		
2016	Grant Miller	Baseball	All State First Team			
2021-22	Hailey Brenn	Softball	All State Second Team			
2024-25	Hailey O'Daniel	Girls Track	Runner Up	800 meters		
2024-25	Hailey O'Daniel	Girls Track	Runner Up	1600 meters		
2024	Hailey O'Daniel	Girls Cross Country	Champion			
2023-24	Hailey O'Daniel	Girls Track	Champion	1600 meters		
2023-24	Hailey O'Daniel	Girls Track	Runner Up	800 meters		
2023	Hailey O'Daniel	Girls Cross Country	7th			
2022-23	Hailey O'Daniel	Girls Track	5th	1600 meters		
2022	Hailey O'Daniel	Girls Cross Country	7th			
2021-22	Hailey O'Daniel	Girls Track	3rd	1600 Relay		
2021	Hailey O'Daniel	Girls Cross Country	8th			
2015-16	Hannah Thompson	Softball	All State First Team			
2014-15	Hannah Thompson	Softball	All State First Team			
2014-15	Hannah Thompson	Softball	All State Second Team			
1935-36	Harold Thomsen	Boys Track	3rd	120 Hurdles		
1935-36	Harold Thomsen	Boys Track	4th	220 Hurdles		
2024-25	Hayley Arp	Girls Track	5th	Shot Put		

2023-24	Hayley Arp	Girls Track	4th	Discus		
2011-12	Heather Johnson	Softball	All State First Team			
2010-11	Heather Johnson	Girls Track	7th	400 m		
2008-09	Heather Johnson	Girls Track	4th	800 m		
1927-28	Hugh Rhea	Boys Track	3rd	Shot Put		
1927-28	Hugh Rhea	Boys Track	Runner Up	Javelin		
1926-27	Hugh Rhea	Boys Track	3rd	Shot Put		
1925-26	Hugh Rhea	Boys Track	Champion	Javelin		
2020-21	Hunter Gilmore	Boys Wrestling	3rd	145		
2019-20	Hunter Gilmore	Boys Wrestling	3rd	132		
2018-19	Hunter Gilmore	Boys Wrestling	Runner Up	120		
2017-18	Hunter Gilmore	Boys Wrestling	4th	106		
2012	Jackie Dam	Girls Cross Country	3rd			
2019-20	Jaidyn Spoon	Softball	All State First Team			
1990	Jamie Anderson	Football	First Team			
2009-10	Jared Maslowsky	Boys Track	3rd	800 m		
2009-10	Jared Maslowsky	Boys Track	7th	1600 m		
2008-09	Jared Maslowsky	Boys Track	4th	1600 m		
2008-09	Jared Maslowsky	Boys Track	5th	800 m		
1992-93	Jason Arp	Boys Track	5th	Discus		
1976-77	Jerry Jacob	Boys Track	3rd	880 yd relay		
1975-76	Jerry Jacob	Boys Track	5th	Mile Relay		
1976-77	Jerry Mascher	Boys Track	3rd	880 yd relay		
2020-21	Jesse Thompson	Boys Track	5th	Shot Put		
1998-99	Jessi Brown	Girls Track	3rd	3200		
1998-99	Jessi Brown	Girls Track	3rd	1600		
1998	Jessi Brown	Girls Cross Country	Runner Up			
1997-98	Jessi Brown	Girls Track	4th	3200 m		
1997	Jessi Brown	Girls Cross Country	3rd			
1996-97	Jessi Brown	Girls Track	4th	4x800 Relay		
1996-97	Jessi Brown	Girls Track	5th	800 m		
1996-97	Jessi Brown	Girls Track	Champion	1600 m		
1996	Jessi Brown	Girls Cross Country	Runner Up			
1995-96	Jessi Brown	Girls Track	4th	1600 m		
1995-96	Jessi Brown	Girls Track	5th	800 m		
2000	Jessica Morrison	Girls Cross Country	5th			
1999	Jessica Morrison	Girls Cross Country	4th			
1998	Jessica Morrison	Girls Cross Country	6th			
1983-84	Jill Hancock	Girls Track	5th	4x100 Relay		
1987-88	Jodi Brainard	Girls Track	3rd	High Jump		

1986-87	Jodi Brainard	Girls Track	6th tie	High Jump			
2005-06	Joe Hansen	Boys Track	6th	High Jump			
1931-32	Joe Weidum	Boys Track	3rd	Broad Jump			
1931-32	Joe Weidum	Boys Track	Runner Up	220 Hurdles			
1929-30	Joe Weidum	Boys Track	3rd	Javelin			
1929-30	Joe Weidum	Boys Track	4th	220 Hurdles			
1929-30	Joe Weidum	Boys Track	4th	Broad Jump			
1928-29	Joe Weidum	Boys Track	Runner Up	Javelin			
1991	John Christensen	Boys Cross Country	11th				
2001-02	John Morrison	Boys Track	3rd	1600 m			
2001-02	John Morrison	Boys Track	Champion	3200 m			
2001	John Morrison	Boys Cross Country	Champion				
2000	John Morrison	Boys Cross Country	5th				
1930-31	John Rhea	Boys Track	Runner Up	Shot Put			
2021-22	Josh Iossi	Swimming	6th	200 Yard Medley Relay			
2020-21	Josh Miller	Boys Wrestling	Champion	170			
2019-20	Josh Miller	Boys Wrestling	Champion	160			
2018-19	Josh Miller	Boys Wrestling	4th	145			
2017-18	Josh Miller	Boys Wrestling	3rd	132			
1978-79	Julie Jacob	Girls Track	4th	Mile			
1978-79	Julie Jacob	Girls Track	6th	880 yd			
1976-77	Julie Jacob	Girls Track	3rd	880 yd			
1975-76	Julie Jacob	Girls Track	6th	1 Mile Relay			
1997-98	K C Hilgenkamp	Girls Basketball	All State First Team	Class C Captain			
1996-97	K C Hilgenkamp	Girls Basketball	All State Second Team				
1997	K C Hilgenkamp	Volleyball	All State Second Team				
2023-24	Kaden Foust	Boys Track	4th	400 meters			
2023-24	Kaden Foust	Boys Track	4th	1600 Relay			
2023-24	Kaden Foust	Boys Track	Champion	3200 Relay			
2023-24	Kaden Foust	Boys Track	Runner Up	Long Jump			
2021-22	Kailynn Gubbels	Girls Track	3rd	1600 Relay			
2021-22	Kailynn Gubbels	Girls Track	Champion	100 m Hurdles			
2021-22	Kailynn Gubbels	Girls Track	Champion	300 m Hurdles			
2020-21	Kailynn Gubbels	Girls Track	4th	1600 Relay			
2020-21	Kailynn Gubbels	Girls Track	Champion	High Jump			
2020-21	Kailynn Gubbels	Girls Track	Champion	100 m Hurdles			
2020-21	Kailynn Gubbels	Girls Track	Runner Up	300 m Hurdles			
2018-19	Kailynn Gubbels	Girls Track	3rd	High Jump			
2018-19	Kailynn Gubbels	Girls Track	4th	100 m Hurdles			
1985-86	Karoline Maaske	Girls Track	3rd	4x400 Relay			
1985-86	Karoline Maaske	Girls Track	4th	400 m			
1985-86	Karoline Maaske	Girls Track	Champion	4x100 Relay			
1984-85	Karoline Maaske	Girls Track	4th	100 m			

1983-84	Karoline Maaske	Girls Track	5th	4x100 Relay			
1983-84	Karoline Maaske	Girls Track	6th	100 m			
2022	Keelianne Green	Girls Cross Country	Champion				
2021-22	Keelianne Green	Girls Track	3rd	1600 Relay			
2021-22	Keelianne Green	Girls Track	4th	Triple Jump			
2021-22	Keelianne Green	Girls Track	Runner Up	800 m			
2021-22	Keelianne Green	Girls Track	Runner Up	Long Jump			
2021	Keelianne Green	Girls Cross Country	Champion	Meet Record Time			
2020-21	Keelianne Green	Girls Track	4th	1600 Relay			
2020-21	Keelianne Green	Girls Track	7th	Long Jump			
2020-21	Keelianne Green	Girls Track	8th	Triple Jump			
2024-25	Kelise Cook-Krivohlavek	Girls Wrestling	Runner Up	120			
2023-24	Kelise Cook-Krivohlavek	Girls Wrestling	4th	125			
2008	Kelly Dunklau	Girls Cross Country	14th				
1960-61	Kenneth Cook	Boys Track	Champion	High Jump			
1959-60	Kenneth Cook	Boys Track	Champion	High Jump			
2023-24	Kevin Flesner	Boys Track	4th	1600 Relay			
2023-24	Kevin Flesner	Boys Track	5th	800 meters			
2023-24	Kevin Flesner	Boys Track	Champion	3200 Relay			
2021-22	Kevin Flesner	Boys Track	8th	3200 Relay			
2020-21	Kiersten Taylor	Girls Track	4th	1600 Relay			
1984-85	Kirk French	Boys Wrestling	5th	145			
2019-20	Kobe Wilkins	Boys Wrestling	3rd	182			
2018-19	Kobe Wilkins	Boys Wrestling	6th	182			
2023-24	Kolby Tighe	Boys Track	6th	3200 meters			
2024	Kolby Tighe	Boys Cross Country	6th				
2008-09	Kowenn Tourek	Boys Track	7th	110 Hurdles			
1987-88	Kris Herrmann	Girls Track	3rd	Shot Put			
1996-97	Kristin French	Girls Track	4th	4x800 Relay			
1996-97	Kristle Neuhalfen	Girls Track	6th	High Jump			
2020-21	Kylee Bruning	Softball	All State First Team				
2019-20	Kylee Bruning	Softball	All State First Team				
1979-80	Larry Voss	Boys Track	Runner Up	Shot Put			
1978-79	Larry Voss	Boys Track	3rd	Shot Put			
1926-27	LaVern Bevelhimer	Boys Track	4th	Shot Put			
1926-27	LaVern Bevelhimer	Boys Track	4th	Discus			
1926-27	LaVern Bevelhimer	Boys Track	Champion	Javelin			
1925-26	LaVern Bevelhimer	Boys Track	3rd	Javelin			
1925-26	LaVern Bevelhimer	Boys Track	Champion tie	High Jump			

1924-25	LaVern Bevelhimer	Boys Track	Runner Up	Javelin		
1929-30	Leo Weidum	Boys Track	Runner Up	Javelin		
1985-86	Lonnie Graver	Boys Basketball	All State First Team			
1985-86	Lonnie Graver	Boys Track	6th	1600 m Relay		
1985-86	Lonnie Graver	Boys Track	Runner Up	3200 m Relay		
1984-85	Lonnie Graver	Boys Basketball	All State First Team			
2017-18	Maddie VonSeggern	Softball	All State Second Team			
1985-86	Mark Grefe	Boys Track	3rd	800 m		
1985-86	Mark Grefe	Boys Track	6th	1600 m Relay		
1985-86	Mark Grefe	Boys Track	Runner Up	3200 m Relay		
1975-76	Mark Minchow	Boys Track	3rd	880 yd relay		
1975-76	Mark Minchow	Boys Track	4th	220 yd		
1975-76	Mark Minchow	Boys Track	5th	100 yd		
1989-90	Matt Hilgenkamp	Boys Track	4th	Discus		
1995-96	Matt Keiser	Boys Wrestling	3rd	152		
1977-78	Matt Minchow	Boys Track	2nd	220 yd		
1977-78	Matt Minchow	Boys Track	4th	100 yd		
1977-78	Matt Minchow	Boys Track	Champion	120 Hurdles		
1977-78	Matt Minchow	Boys Track	Champion	180 Hurdles		
1976-77	Matt Minchow	Boys Track	3rd	880 yd relay		
1976-77	Matt Minchow	Boys Track	Champion	120 Hurdles		
1976-77	Matt Minchow	Boys Track	Champion	180 Hurdles		
1975-76	Matt Minchow	Boys Track	3rd	880 yd relay		
2017-18	May Hoelsing	Softball	All State First Team			
2012-13	McKenna Kaup	Girls Track	6 th Tie	High Jump		
2009-10	Melissa Hilgenkamp	Girls Track	5th	Shot Put		
2009-10	Melissa Hilgenkamp	Girls Track	6th	Discus		
1939-40	Mell Renard	Boys Track	4th	880 yd		
1987-88	Mick Holtman	Girls Track	5th tie	4x100 Relay		
1987-88	Mick Holtman	Girls Track	Champion	High Jump		
1987	Mick Holtman	Volleyball	All State Second Team			
1986-87	Mick Holtman	Girls Track	6th tie	High Jump		
1985-86	Mick Holtman	Girls Track	Champion	4x100 Relay		
1998-99	Mike Japp	Boys Wrestling	3rd	215		
1997-98	Mike Japp	Boys Wrestling	3rd	215		
1977-78	Mike Kahnk	Boys Wrestling	Runner Up	167		
1982-83	Mike Mather	Boys Wrestling	Champion	132		
1981-82	Mike Mather	Boys Wrestling	6th	126		

1985-86	Mike Sibbersen	Boys Track	Runner Up	3200 m Relay		
1974-75	Mike Wofford	Boys Wrestling	3rd	155		
2018-19	Mildred Young	Girls Track	5th	Shot Put		
2018-19	Mildred Young	Girls Track	Runner Up	Discus		
2017-18	Mildred Young	Girls Track	4th	Shot Put		
2010-11	Molly Miller	Softball	All State Second Team			
1986-87	Monte Merz	Boys Wrestling	Runner Up	126		
1984-85	Monte Merz	Boys Wrestling	4th	105		
1983-84	Monte Merz	Boys Wrestling	6th	98		
2025	Neva Bauer	Girls Cross Country	12th			
2015-16	Nick Gaffney	Boys Track	8th	Discus		
1994	Nicki Grefe	Volleyball	All State Second Team			
2018	Noah Kubat	Boys Cross Country	14th			
2017	Noah Kubat	Boys Cross Country	9th			
2023-24	Nolan May	Boys Track	3rd	1600 meters		
2023-24	Nolan May	Boys Track	4th	1600 Relay		
2023-24	Nolan May	Boys Track	Champion	3200 Relay		
2023-24	Nolan May	Boys Track	Runner Up	3200 meters		
2021-22	Nolan May	Boys Track	8th	3200 Relay		
2021	Nolan May	Boys Cross Country	8th			
1946-47	Norman Stork	Boys Track	Runner Up	100 yd		
1946-47	Norman Stork	Boys Track	Runner Up	220 yd		
1945-46	Norman Stork	Boys Track	3rd	220 yd		
2014-15	Olivia Schneider	Girls Track	5th	100 m Hurdles		
2014	Olivia Schneider	Volleyball	All State Second Team			
1924-25	Otis Decker	Boys Track	3rd	880 yards		
2020-21	Paige Kraemer	Softball	All State Second Team			
1975-76	Pam Boettger	Girls Track	6th	1 Mile Relay		
1989-90	Pat Hall	Boys Wrestling	3 rd	145		
1987-88	Pat Thompson	Boys Wrestling	6th	119		
1986-87	Pat Thompson	Boys Wrestling	6th	105		
1945-46	Paul Menking	Boys Track	4th	120 Hurdles		
1946	Paul Menking	Football	First Team			
1928-29	Peters	Boys Track	4th	220 Hurdles		
1998-99	Rachel Volnek	Girls Basketball	All State First Team			

1970-71	Randy Hokamp	Boys Track	3rd	120 Hurdles		
1985-86	Randy McDowell	Boys Track	Runner Up	3200 m Relay		
1969-70	Ray Burgess	Boys Basketball	All State Second Team			
1970	Ray Burgess	Football	Prep All American			
1987-88	Ray Mather	Boys Wrestling	Champion	140		
1986-87	Ray Mather	Boys Wrestling	Runner Up	132		
1985-86	Ray Mather	Boys Wrestling	4th	132		
2019-20	Remington Gay	Boys Wrestling	Runner Up	285		
2018-19	Remington Gay	Boys Wrestling	Champion	220		
2011-12	Riley Johnson	Girls Track	3 rd	Shot Put		
2011-12	Riley Johnson	Girls Track	Runner Up	Discus		
2010-11	Riley Johnson	Girls Track	4th	Discus		
2010-11	Riley Johnson	Girls Track	5th	Shot Put		
2009-10	Riley Johnson	Girls Track	6th	Shot Put		
2016-17	Riley Smith	Boys Wrestling	5th	182		
1977-78	Robin Majors	Girls Track	4th	440 yd		
1975-76	Robin Majors	Girls Track	6th	1 Mile Relay		
1977	Rocky Nelson	Football	First Team			
1974-75	Rusty Fagerquist	Boys Wrestling	3rd	185		
1978-79	Rusty Hansen	Boys Basketball	All State Second Team			
1977-78	Rusty Hansen	Boys Basketball	All State Second Team			
2011-12	Ryan Frahm	Boys Track	8th	Discus		
2015-16	Sabrina Luttig	Softball	All State First Team			
2015-16	Sabrina Luttig	Softball	All State Second Team			
2015-16	Sabrina Luttig	Girls Track	3rd	Discus		
2014-15	Sabrina Luttig	Softball	All State First Team			
2014-15	Sabrina Luttig	Girls Track	6th	Discus		
2012-13	Sabrina Luttig	Girls Track	7th	Discus		
2013-14	Sam Farber	Boys Track	Champion	1600 m Relay		
2008	Sammie Lathrop	Girls Cross Country	11th			
2018-19	Samuel Kubat	Boys Track	8th	3200 Relay		
2019-20	Sarah Theiler	Softball	All State First Team			
2016-17	Sarah Theiler	Girls Track	3rd	High Jump		
1981-82	Scott Bruce	Boys Wrestling	Champion	145		
2003-04	Scott Neuhalfen	Boys Track	4th	High Jump		
2003-04	Scott Neuhalfen	Boys Track	6th	Long Jump		

1987-88	Shane Merz	Boys Wrestling	5th	152		
1983-84	Shawn Fuhrer	Boys Wrestling	Runner Up	185		
2017-18	Shelby Kaup	Girls Track	4th	100 m Hurdles		
2017-18	Shelby Kaup	Girls Track	4th Tie	High Jump		
2016-17	Shelby Kaup	Girls Track	4th	100 m Hurdles		
1985-86	Shelli Graver	Girls Track	3rd	4x400 Relay		
1995-96	Shelly Martin	Girls Basketball	All State Second Team			
1994-95	Shelly Martin	Girls Basketball	All State Second Team			
1994-95	Shelly Martin	Girls Track	5th	Discus		
1993-94	Shelly Martin	Girls Track	6th	Discus		
2002	Stacy Dunklau	Volleyball	All State First Team			
2001	Stacy Dunklau	Volleyball	All State Second Team			
1987-88	Steve Thompson	Boys Track	5th	Shot Put		
1969	Stu Thomsen	Football	First Team			
1976-77	Stuart Young	Boys Track	5th	Long Jump		
1997	Summer Morrison	Girls Cross Country	5th			
1996-97	Summer Morrison	Girls Track	4th	4x800 Relay		
1996	Summer Morrison	Girls Cross Country	5th			
1995	Summer Morrison	Girls Cross Country	8th			
1994	Summer Morrison	Girls Cross Country	9th			
2012-13	Sydney Miller	Softball	All State First Team	Honorary Captain		
2012-13	Sydney Miller	Softball	Super State Second Team			
2012-13	Sydney Miller	Girls Track	7th	Triple Jump		
2011-12	Sydney Miller	Softball	All State Second Team			
2015-16	Talon Mues	Boys Wrestling	4th	113		
1975-76	Tammie Schneider	Girls Track	6th	1 Mile Relay		
2008-09	Taylor Johnson	Boys Track	6th	Discus		
2008-09	Taylor Johnson	Boys Track	7th	Shot Put		
2007-08	Taylor Johnson	Boys Track	5th	Shot Put		
2011-12	Taylor Mues	Boys Wrestling	4th	152		
1994-95	Thad Kloster	Boys Track	4th	Pole Vault		
1983-84	Tim Schmidt	Boys Wrestling	6th	145		
1975-76	Tim Stork	Boys Track	5th	880 yd		
1975-76	Tim Stork	Boys Track	5th	Mile Relay		
1987-88	Tina Maaske	Girls Track	5th tie	4x100 Relay		
1987-88	Tina Maaske	Girls Track	Runner Up	100 m		
1986-87	Tina Maaske	Girls Track	6th	100 m		

1985-86	Tina Maaske	Girls Track	5th	100 m			
1985-86	Tina Maaske	Girls Track	Champion	4x100 Relay			
1996-97	TJ Kloster	Boys Track	Champion	Pole Vault			
1984-85	Todd Adelgren	Boys Track	5th	Discus			
1984-85	Todd Adelgren	Boys Track	5th	Shot Put			
1981-82	Todd Scheer	Boys Track	5th	200 m			
1981-82	Todd Schmidt	Boys Wrestling	6 th	155			
1970-71	Tom Anderson	Boys Basketball	All State First Team				
1969-70	Tom Anderson	Boys Basketball	All State First Team				
1968	Tom Wilkins	Football	First Team				
1993-94	Travis Brown	Boys Track	3rd	300 Hurdles			
1993-94	Travis Brown	Boys Track	4th	110 Hurdles			
1993	Travis Brown	Football	First Team				
2024-25	Trent Koger	Boys Basketball	All State Second Team				
2023	Trevor Denker	Baseball	All State First Team				
1985-86	Troy Brainard	Boys Track	6th	1600 m Relay			
1999-00	Troy Gilmore	Boys Wrestling	4th	130			
1998-99	Troy Gilmore	Boys Wrestling	5 th	130			
1976-77	Tyler Schmidt	Boys Wrestling	Runner Up	155			
2013-14	Tyler Simpson	Boys Track	4th	100 m			
2013-14	Tyler Simpson	Boys Track	Champion	200 m			
2013-14	Tyler Simpson	Boys Track	Champion	400 m			
2013-14	Tyler Simpson	Boys Track	Champion	1600 m Relay			
2012-13	Tyler Simpson	Boys Track	3rd	400 m			
1925-26	Wayne Ludington	Boys Track	4th	880 yards			
1985-86	Wendy Rasmussen	Girls Track	Champion	4x100 Relay			
1983-84	Wendy Rasmussen	Girls Track	5th	4x100 Relay			
2023-24	Whitney Wollberg	Girls Track	6th	Pole Vault			
2012	Zac Newkirk	Boys Cross Country	14th				
2012-13	Zach Erickson	Boys Wrestling	5th	126			